VISION & LEARNING CENTER

FOR PEDIATRIC PTs

Steady bodies give the eyes a steady base.

Eye control is built on body control. Head and trunk stability, postural control, balance and reflex integration give the eyes a steady platform to aim, focus and track from. When that foundation is shaky, vision therapy, especially for eye turns, has less to build on. That's why we work best alongside pediatric PTs.

Refer to us when you see

- A head tilt or turn that doesn't resolve the way you'd expect
- An eye that turns in or out, or closing one eye
- Low tone or poor head control with weak visual attention
- Misjudging steps, curbs, catching or reaching
- Unsure on climbing equipment, swings or in open spaces
- Progress plateaus despite good therapy

What we check

- **Eye alignment:** eye turns (strabismus) and which eye leads
- **Eye teaming:** both eyes aiming together
- **Focusing and eye movements**
- **Depth perception:** judging distance and space
- **Visual-spatial and visual-motor skills**

A head tilt can come from an eye-alignment problem, so it's worth checking when it doesn't respond to treatment as expected.

Where PT fits in our care

For many children with eye turns, low tone or coordination problems, we ask for PT before or alongside vision therapy: core and head control, postural stability, balance, bilateral coordination and reflex integration. Children often do better in vision therapy once that foundation is in place, so we'd like to send those families to you. In return, we'll let you know when vision may be affecting how a child moves through space. You get a written report within 7 days of the evaluation, with the family's consent, and progress updates during treatment.

Refer in 2 minutes

Online: scan the code or go to visionlearncenter.com/referral. Check "Please call the family" and we call them within 1 business day.

Fax or call: (561) 462-1245. **Or** give the family our handout; they book themselves.

Send to a doctor the same day for a sudden new eye turn, sudden double vision, eye pain or vision loss.

PT

FREE IN-SERVICE FOR PT TEAMS

The visual side of balance and movement

A 30 to 60 minute session for your therapists, taught by Dr. Murray at your clinic or online. **Call (561) 462-1245** to set a date, or to talk through a patient.

Christina Murray, OD, FOVDR · Offices across South Florida

(561) 462-1245 · visionlearncenter.com